

# Together For Worship -Mark 2:18-3:6

## A guide to worship as a family in your home

*Set aside a time when everyone in your family is ready for a time of worship together in your home. Also, make sure to read through the text first before you begin.*

### Pray Together-

- ⊕ Spend time together praying for the Holy Spirit to move in your time of worship.

### Sing Together-

- ⊕ Sing any or all of the songs below. These are songs for corporate worship on Sunday.
  - ✓ Yes & Amen, Behold Our God, Anchor, Everlasting God, Even So Come,  
(if you don't know them, they are available on You Tube).

### Catch the Idea Together

- ⊕ Think about this statement and discuss it's implications - "We never did it that way before"
- ⊕ Talk about the joy you would miss if you always did things the "old way" instead of trying something new.
- ⊕ Parents: describe a time where you missed experiencing joy because you didn't try something new and did it the way you were used to.
- ⊕ Some good information to read over about the background of our Scripture passage today:
  - ✓ In this passage today, we see Jesus challenged again by the religious leaders of the day, especially the Pharisees. They were a small legalistic sect of Judaism (about 6,000 of them), known for their rigid adherence to the ceremonial fine points of the law. The Pharisees were missing the joy that Jesus was the promised Messiah. They missed the joy that Jesus was the one who fulfilled all the promises of God. They missed the joyful news that Jesus fulfilled the law and He brought new life. So, they come to Jesus and question Him about fasting and the Sabbath. Jesus uses parables to answer His critics and shows that He is Lord over fasting and the Lord of the Sabbath. Because Jesus brought new life, and was the one who fulfilled all God's promises, we can joyfully follow what God calls us to do - in this case - fasting and taking the Sabbath rest.

### Discuss His Word Together-

- ⊕ Open up God's Word and read Mark 2:18-28
  - ✓ What were the Pharisees missing about Jesus? Did they understand who Jesus was?
  - ✓ What is fasting/What was the purpose of fasting? (talk about how fasting is a blessing because it is a time to focus on the Lord. Talk about how the Pharisees and other religious leaders put man made guidelines on fasting that took away from the true meaning and joy of fasting.)

- ✓ Talk about Mark 2:27- What is the Sabbath? (Talk about how the Sabbath is a blessing from God and that is to be a time to refocus on the Lord and to rest).
- ✓ Talk about Mark 2:28? What do you think it means that Jesus is Lord of the Sabbath?

### Applying What We Are Learning Together

- ⊕ Take time to think through how to apply what we are learning
  - ✓ Why is fasting and taking a Sabbath rest important?
  - ✓ What is the joy in fasting and taking a Sabbath rest?
  - ✓ What do we need to do to make sure we do not miss the joy of fasting and Sabbath rest?
  - ✓ What do we need to do to make sure we don't make fasting and the Sabbath burdensome and a duty?

### Closing Prayer Together

- ⊕ Closing Prayer Points
  - ✓ Pray that we will fast with the right intentions and heart attitude.
  - ✓ Pray that we will see the joy in fasting,
  - ✓ Pray that we will see the joy in taking a Sabbath rest.
- ⊕ As you pray, an idea is the A.C.T.S prayer acronym.
  - ✓ Adoration- How can we adore God in our prayer time (God you are powerful, faithful...)
  - ✓ Confession- Take time to confess your sins to God (Remember 1 John 1:9)
  - ✓ Thanksgiving - What can we praise God for this week?
  - ✓ Supplication - Talk with God about things on your heart.